

NAVIGATING THE MENTAL HEALTH SYSTEM IN DANE COUNTY

A Guide to Resources for
Consumers of Mental Health
Services and Their Families



National Alliance on Mental Illness

Dane County

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www.namidanecounty.org

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Navigating the Mental Health System

The mental health system in Dane County is fragmented and often confusing. It is actually several systems operating side-by-side. Sometimes they overlap; sometimes they operate in isolation from each other. So if you're feeling adrift, having difficulty finding the services you or your loved one needs, you are not alone.

The **private-care system** mainly serves those covered by health insurance or those who can afford to pay for services. This is made up of Health Maintenance Organizations (HMOs), hospitals, and care providers operating on their own.

The **public system** is supported by government funding. For school-age children, some services are available through the school system, and you can inquire about these services from your school's psychologist or counselor. Some additional resources are listed among our resource links below.

The public adult-care system is mainly for those with the lowest resources and highest needs - those who cannot afford private care, those on disability, and those who have run into trouble with the law. Much of this care is provided through Journey Mental Health Center, a nonprofit organization under contract to Dane County. Journey MHC provides some services directly and subcontracts with other non-profit agencies for services. Unfortunately, funding of Journey MHC usually falls short of meeting the demands of the agency, so it has to give highest priority to the most urgent needs. There are waiting lists for most services. The public system also includes Access Community Health and Public Health Madison & Dane County.

Nonprofit educational, support, and advocacy groups like NAMI (National Alliance on Mental Illness) Dane County offer information, and free support services for individuals impacted by mental illness and their families. NAMI's services include support groups, education classes and seminars, public education, and advocacy for better laws and mental health services. These services can help individuals in Dane County navigate the mental health system.

Many non-profit support services for low-income people in general, such as emergency housing and food, may be useful to individuals living with mental illness.

All of these systems are aimed at treating or supporting individuals in the community. A person in crisis may be admitted to a hospital, but area hospitals are not equipped to provide more than temporary care.

Mental illness may lead to use of addictive substances such as tobacco, alcohol, or illegal drugs. The individual may rely on these substances to alleviate symptoms. Unfortunately, substance use can exacerbate symptoms of mental illness. Mental illness and addiction are best treated concurrently, but due to the fragmentation of the health care system, this may be difficult to achieve.

Changing Approaches to Mental Illness

The law no longer permits individuals to be hospitalized without their consent - except in rare cases. The asylums where non-criminal patients could be committed against their will are gone; however, individuals with mental illness who get into trouble with the law may be ordered to undergo treatment or may be institutionalized for shorter or longer periods of time at Mendota Mental Health Institute.

It is possible for a person to receive treatment involuntarily if that person poses a threat to others or to themselves, but the legal requirements are fairly strict.

Treatments have changed dramatically over the last 25 years. Years ago, mental illness was widely seen to be caused by poor upbringing, family tensions, or simply lack of character. The main treatment was "talk therapy," where the patient met with a psychiatrist or psychologist over a long period and discussed his or her feelings and thoughts, childhood, family relationships, dreams, etc. The idea was to uncover and deal with the supposed underlying causes of the illness. This type of treatment often was beneficial, but could last years and was often not effective in dealing with more acute forms of mental illness.

Mental illness is increasingly seen as a brain disorder like other brain disorders such as Alzheimer's disease.

Like Alzheimer's, heart disease, or breast cancer, it seems to have a genetic component and can crop up from generation to generation. Stress, especially traumatic stress, can sometimes trigger mental illness, but often mental illness occurs in people leading happy, ordinary lives.

The person with a mental illness has both physical and mental symptoms. For instance, depression can produce "physical" symptoms like tiredness, vague aches and pains, and weight loss/gain, along with "mental" symptoms like apathy, feelings of despair or anger, and inability to concentrate.

Modern Treatments for Mental Illness

Medications developed over the past few decades can often effectively treat even severe mental illness. The most publicized medications are lithium for bipolar disorder (manic-depression) and Prozac for depression, but there are many others. A combination of medications may be necessary. In some cases, electro-convulsive therapy (ECT) may be useful. Medications and ECT are not effective in all cases, and sometimes have serious side effects, but they have allowed many people to manage their symptoms and live healthy and happy lives.

"Talk therapy" is still important in treatment, but the emphasis recently is on helping the person develop coping skills; learning how to deal with anger or fears. The most effective treatment for mental illness tends to be a combination of medication and psychotherapy.

The psychiatrist (who has a medical degree) is given the role of diagnosing the illness and prescribing medication, while therapy is handled by a psychologist, counselor or social worker. The psychiatrist may see the patient only for 20 minutes once or twice a month (or less often) to check in with the patient about how the medications are working.

Health insurance usually covers medications but often limits the amount of talk therapy it will cover. NAMI is working to expand insurance coverage for all treatments for mental illness. Research and practical experience show that exercise, good nutrition, and support from family and friends are helpful to recovery. Support groups like those offered by NAMI are helpful for many individuals experiencing mental illness.

NAMI groups are facilitated by individuals who themselves have lived with mental illness and can understand and relate to what group members are going through. For some individuals, meditation, prayer, and/or attending religious services can be helpful.

The Role of Families

Family members are often on the front line in dealing with mental illness, and many times find themselves confused and unprepared to cope. They need their own lines of support. NAMI provides education for family members through its free classes taught by people who themselves have dealt with their loved ones' mental illness. It offers continuing support through free support groups for spouses, siblings, parents and other family members. These are also facilitated by persons with personal experience of the challenges encountered by family members.

In addition, NAMI offers a Family-to-Family Education Program, a national curriculum for family members of adults with mental illness. NAMI Dane County offers this program twice yearly. There is no charge, but pre-registration is required.

Important things you can do for a loved one with a mental illness include:

- Loving and supporting the efforts of the family member to recover. Just "being there" and holding out hope is important for recovery over the long term.
- Seeing and treating your loved one as an individual, not as an illness.
- Learning as much as you can about the illness to better understand what your loved one is going through and what can help.
- Helping your loved one find the way through the labyrinth of the mental health system.
- Assisting in filling out various forms required for such things as applying for disability.
- Serving as an advocate for your loved one in dealing with the mental health system.
- Keeping records when the loved one is unable to do this.
- Where the family can afford it, providing financial assistance, housing, etc. if the ill person is unable to be self-supporting. If the loved one is this ill, he or she may be eligible for disability benefits.
- Advocating for better laws, fairer insurance, and increased funding for research into causes and treatments through organizations like NAMI.

None of these mean the family must be a "punching bag" for abusive or other damaging behavior brought about by the illness. Families should set reasonable, clear boundaries for behavior in the home. Since each family's situation is different, there is not one set of guidelines that applies to all.

Resources

Consumers of mental health services and their families have a variety of needs. We hope this resource guide can help you in finding assistance.

A valuable source of information is **United Way 2-1-1**. Simply dial 2-1-1. (608-246-4357 from outside Dane County or from a cell phone.) United Way can help guide you to appropriate resources.

Additionally, the Dane County **Behavioral Health Resource Center (BHRC)** is a helpful resource for individuals and families who need assistance navigating the Dane County mental health system. The BHRC is a voluntary, person, and family centered service designed to help any Dane County resident seek assistance and access behavioral health services in Dane County, regardless of insurance status, financial status, age, identity, ability or legal status. The BHRC assists Dane County residents from all ages, backgrounds and walks of life. BHRC services are consumer led and consumer driven, meaning that the individual and family is the expert regarding their needs. You can contact the BHRC at 608-267-2244.

We strive to be accurate but cannot be responsible for mistakes or outdated information.

If you find mistakes or know of other resources you feel should be listed, please contact NAMI Dane County at 608-249-7188 or outreach@namidanecounty.org.

NAMI Dane County Programs

NAMI DANE COUNTY ----- **608-249-7188**
6400 Gisholt Dr, Suite 203, Madison, 53713 namidanecounty.org
outreach@namidanecounty.org

NAMI Dane County is a nonprofit, grassroots organization funded by grants, donations, and membership dues. All programming is free and open to the public.

All **support groups** are peer-led and open to the public. There is no charge and pre-registration is not required.

Adult Mental Health Support Group: For adults living with a mental illness.

Family Mental Health Support Group: For family and friends of adults living with a mental illness.

LGBTQIA+ Mental Health Support Group: For those identifying as part of the LGBTQIA+ community living with a mental illness.

Women's Mental Health Support Group: For women living with a mental illness.

Young Adult Mental Health Support Group: For young adults ages 18-30 living with a mental illness.

Program Meetings

Informational interactive meeting designed for community education and awareness of the issues surrounding mental illness and the stigma involved. Check the website, namidanecounty.org for current program information or call NAMI Dane County at 608-249-7188.

Education Classes & Community Presentations

NAMI Dane County educational classes/presentations are taught by trained individuals who have experience living with mental illness, personally or as a caregiver. There is no charge. Pre-registration is required.

NAMI Basics: For parents and other family caregivers of children and adolescents who have either been diagnosed with a mental illness/emotional disturbance or who are experiencing symptoms but have not yet been diagnosed.

Ending the Silence: Introduces high school students to mental illness, stigma, and recovery.

NAMI Family-to-Family: An 8-week educational program for family members and friends of adults with a mental illness.

In Our Own Voice: Two trained speakers share compelling and personal testimonies of living with and overcoming the challenges posed by mental illness.

Peer-to-Peer: An 8-week educational program for consumers with mental illness emphasizing recovery and relapse prevention.

Mental Health & Verbal De-escalation Training: 1-3 hour training on the signs and symptoms of mental illnesses, how to recognize the early warning signs, and available support services in the community. This workshop also provides scenarios that offer specific techniques to help deescalate a mental health crisis in a workplace setting.

Hearing Voices: A one-hour workshop that simulates auditory hallucinations while participants complete various tasks

Emergency

FIRE, SHERIFF, POLICE, AMBULANCE, RESCUE ----- 911

CRISIS INTERVENTION ----- 608-280-2600
24-hour hotline for mental health crises, operated by Journey Mental Health Center

DANE COUNTY SHERIFF ----- 608-266-4948
Dispatcher danesheriff.com
115 W. Doty Street, Madison, 53703

MADISON POLICE DEPARTMENT ----- 608-255-2345
Non-emergency cityofmadison.com/police
211 S. Carroll St., Madison, 53703

24/7 SUICIDE & CRISIS LIFELINE -----988 (Call or Text)

SUICIDE PREVENTION CHAT LINE-----www.988lifeline.org

CRISIS/EMOTIONAL SUPPORT TEXT LINE-----741741

VETERANS CRISIS LINE-----800-273-8255, PRESS 1

UW POLICE DEPARTMENT ----- **608-264-2677**
Non-emergency uwpd.wisc.edu
1429 Monroe St., Madison, 53711

Information and Community Resources

AGING & DISABILITY RESOURCE CENTER ----- **608-240-7400**
2865 N. Sherman Ave, Madison, 53704 daneadrc.org
Information about services and resources and assistance in finding services to match a person's needs.

BEHAVIORAL HEALTH RESOURCE CENTER ----- **608-267-2244**
818 W Badger Rd. Madison, 53713 danebhrc.org
A voluntary, person, and family centered service designed to help any Dane County resident seek assistance and access behavioral health services in Dane County, regardless of insurance status, financial status, age, identity, ability or legal status.

DANE COUNTY HUMAN SERVICES ----- **608-242-6200**
1202 Northport Drive, Madison, 53704 danecountyhumanservices.org

NAMI DANE COUNTY ----- **608-249-7188**
6400 Gisholt Dr, Suite 203, Madison, 53713 namidanecounty.org

NAMI NATIONAL ----- **703-524-7600**
3803 N. Fairfax Dr, Arlington, VA 22206 nami.org

NAMI WISCONSIN ----- **608-268-6000**
414 Atlas Ave, Madison, 53714 namiwisconsin.org

RAPE CRISIS CENTER ----- **608-251-7273**
2801 Coho St, #301, Madison, 53713 thercc.org

RECOVERY DANE ----- **608-237-1661**
A resource center for consumers, family and friends, and professionals, to access information and support.

UNITED WAY 2-1-1----- **211, 608-246-4357**
A service of United Way of Dane County to help individuals or families find the community resources they need in a crisis.

Help Lines and Peer Support

AL-ANON FAMILY GROUPS - 24 hour helpline ----- 608-258-0314

Contact for meeting locations alanonmadisonwi@gmail.com

Support groups for those with a family member coping with alcohol abuse.

ALCOHOLICS ANONYMOUS - 24 hour helpline ----- 608-222-8989

2000 Engel St, #104, Madison, 53713 aamadisonwi.org

BRIARPATCH YOUTH SERVICES Help Line - 24-hour helpline ----- 608-251-1126

2720 Rimrock Rd, Madison, 53713 youthsos.org

Crisis intervention and counseling services for homeless, runaway, and at-risk youth.

CANOPY CENTER ----- 608-241-4888

2445 Darwin Rd STE 15, Madison, 53704 canopycenter.org

Child abuse treatment and prevention agency

COMPASSIONATE FRIENDS ----- 608-213-0263

4411 Monona Dr, Madison, 53716

A self-help organization offering friendship and understanding to bereaved parents.

DOMESTIC ABUSE INTERVENTION SERVICES

24 Hr. Crisis/Helpline ----- 608-251-4445

2102 Fordem Ave, Madison, 53704 abuseintervention.org

GRIEF RECOVERY AFTER A SUBSTANCE PASSING (GRASP) ----- 608-251-4445

Contact for meeting locations grasphelp.org/south-central-chapter

Community that offers understanding, compassion, and support for those who have lost a loved one through addiction and overdose.

HEALING OUR HEARTS ----- 608-205-8260

No address listed. Healingourhearts.net

Community-based grief support organization that focuses on providing support and education to families who have experienced a loss and/or other complex conditions.

JUSTDANE ----- 608-256-0906

2115 S. Park St., Suite 2022, Madison, 53713 justdane.org

Helps returning prisoners access employment, mental health care, housing, and other community services to rebuild a life after imprisonment. Personal and group support.

NAMI DANE COUNTY ----- 608-249-7188

818 West Badger Road, Suite 104, Madison, 53713 namidanecounty.org

Peer-led Support Groups. Free of charge, no registration required.

NARCOTICS ANONYMOUS - 24 hour Helpline ----- 608-258-1747
badgerlandna.org

NATIONAL HOPELINE NETWORK ----- 1-800-SUICIDE
24 hour crisis line

NATIONAL PARENT STRESS LINE ----- 1-800-632-8188
24 hour helpline

NATIONAL SUICIDE PREVENTION LIFELINE ----- 1-800-273-8255
24 hour crisis line

RAPE CRISIS CENTER ----- 608-251-5126
2801 Coho St., Ste 301, Madison, 53713
24 hour Crisis Line ----- 608-251-7273
En Español: La Línea de Ayuda ----- 608-258-2567

SMART RECOVERY ----- 608-520-0458
Visit website for support group meeting locations smartrecoverymadisonwi.org
"Self-Management And Recovery Training" offers a science-based secular 4-Point Program for gaining abstinence from harmful addictions through free support meetings, face-to-face and online.

SURVIVORS OF SUICIDE ----- 608-280-2435
25 Kessel Ct. Madison, 53711
A self-help group for people who are grieving the death of a loved one by suicide.

Child, Adolescent, and Family Services

ACCESS COMMUNITY HEALTH CENTERS ----- 608-443-5480
Addresses listed below. accesscommunityhealthcenters.org
Clinics offer free or low-cost medical care based on income. Accepts Medicare, Medicaid, and private insurance.

Wingra Family Medical Center 1102 S Park St. ----- 608-263-3111
William T. Evjue Clinic 3434 East Washington Ave. ----- 608-204-2680
Sun Prairie Clinic 1270 W Main St. ----- 608-825-7100

BRIARPATCH YOUTH SERVICES Help Line: ----- 608-251-1126
2720 Rimrock Rd, Madison, 53704 youthsos.org
Free crisis intervention, counseling, transitional living, street outreach, and respite care for homeless, runaway and at-risk teens.

CATHOLIC CHARITIES, INC. ----- 608-826-8000

702 S. High Point Road, Ste. 209, Madison, 53719

Family, individual, marriage and alcohol/drug abuse counseling. Provided regardless of race, religion or class.

CENTRO HISPANO ----- 608-255-3018

810 W. Badger Rd., Madison, 53713

micentro.org

Social services for the Hispanic community of Dane County.

CHILDREN'S SERVICE SOCIETY OF WISCONSIN----- 608-221-3511

1716 Fordem Ave, Madison, 53704

Child and Family Counseling.

CHILDREN'S THERAPY NETWORK, LLC ----- 608-234-5990

639 Struck St, Madison, 53719

A therapy clinic specializing in treating children with Sensory Processing Disorders and Autism Spectrum Disorders, and others.

CONNECTIONS COUNSELING ----- 608-233-2100

5005 University Ave, Suite 100, Madison, 53705

Strengths-based counseling for individuals, couples, and families.

COMMUNITY PARTNERSHIPS ----- 608-250-6634

1334 Dewey Ct, Madison, 53703

risewisconsin.org

Provides family based services to support children with mental illness.

THE FAMILY CENTER -----(608)-663-6154

8025 Excelsior Dr., Madison, 53717

A service of Edgewood College. Provides mental health services for individuals, couples and families. Sliding fee scale.

HANCOCK CENTER FOR DANCE/ MOVEMENT THERAPY----- 608-251-0908

16 N. Hancock St., Madison, 53703

Psychotherapy that incorporates creative and expressive movement to develop healthy self image, communication skills, and emotional stability. Individual, group, and family sessions.

FAMILY SUPPORT AND RESOURCE CENTER ----- 608-237-7630

101 Nob Hill Rd., Ste. 201, Madison, 53713

fsrkdane.org

Community inclusion program. Provides a variety of support for Dane County families who have children with disabilities.

JEWISH SOCIAL SERVICES OF MADISON ----- 608-442-4081
 6434 Enterprise Ln. Madison, 53719 jssmadison.org
Advocacy, counseling, case management services, financial management, refugee resettlement.
The agency serves all residents of Dane County of all ages.

JOINING FORCES FOR FAMILIES ----- 608-242-6325
 Dane County Dept. of Human Services
Provides voluntary services to youth/families such as information for employment, housing, food, clothing, mental health services, or school assistance.

- Allied (Cherokee & Toki) ----- 608-273-6342**
- Badger/Magnolia (Cherokee & Jefferson)----- 608-261-9764**
- Deforest ----- 608-846-9603**
- Leopold/Post Road ----- 608-273-6953**
- Middleton/Wexford Ridge ----- 608- 842-2108**
- WI Heights/Cross Plains ----- 608-795-2103**
- Oregon/McFarland/Belleville ----- 608-835-4188**
- Southwest Madison ----- 608-273-6622**
- Stoughton/Cambridge/Deerfield ----- 608-873-2180**
- Sun Prairie/Marshall/Cottage Grove ----- 608-825-3225**
- Northeast (Sherman) ----- 608-240-2045**
- Rimrock/Southdale ----- 608-273-6676**
- Southwest Madison----- 608-273-6622**
- Verona/Mt. Horeb ----- 608-848-2108**
- Waunakee/Dane ----- 608-849-9093**

KATIE BECKETT PROGRAM ----- 608-266-3236
 No address listed.
A special eligibility process that allows certain children with long-term disabilities to obtain WI Medicaid cards.

LUTHERAN SOCIAL SERVICES ----- 414-246-2300
 6314 Odana Ct. Madison, 53719 lsswis.org
Individual, couples, and family therapy and counseling; Home and community based services, adoption, and residential services

JOURNEY MENTAL HEALTH CENTER ----- 608-280-2700
 25, 37 and 49 Kessel Ct. Madison, 53711 journeymhc.org
Child, Adolescent, Family Services ----- 608-280-2520
24-hour crisis phone ----- 608-280-2600
Integrated Treatment ----- 608-280-2700

MERITER HOSPITAL ADOLESCENT/CHILD INPATIENT UNIT ----- 608-417-8777
8102 Wellness Way, Madison, 53719 meriter.com
Inpatient psychiatric care for adolescents and children.

NEWSTART ADDICTION AND SUBSTANCE USE PROGRAM ----- 608-417-5300
202 S. Park Street, Madison, 53715
Treatment for adults and adolescents with substance use disorders

CANOPY CENTER----- 608-241-4888
2445 Darwin Road., Suite. 102, Madison, 53704 canopycenter.org
*Prevention and treatment of child abuse, resources for those affected by incest and abuse.
Support groups, counseling, teen activities.*

FACE-KIDS ----- 608-826-8010
702 S. High Point Rd. Ste 105, Madison, 53719
Mental health group services to children for area schools, neighborhood centers, and community agencies.

RESPITE CENTER ----- 608-241-5150
2120 Fordem Ave., Madison, 53704 risewisconsin.org
24-hr. emergency/crisis child care. Child care services (birth through 14) for families in crisis or under stress. Sliding fee scale; no one denied services because of inability to pay.

ROGERS BEHAVIORAL HEALTH ----- 608-238-4411
406 Science Drive, Suite 110, Madison, 53711 rogersbh.org
Partial hospitalization & therapies for mental health and substance disorders for youth.

THE RAINBOW PROJECT ----- 608-255-7356
831 E. Washington Ave. Madison, 53703 therainbowproject.net
Mental health services to young children and their families. Expertise in parent-child relationships and dysfunctional families. Community and parent education training on effects, treatment and prevention of child abuse, neglect, domestic abuse, child sexual abuse and other risk factors and stresses.

WI ALLIANCE FOR INFANT MENTAL HEALTH ----- 608-442-0360
133 S. Butler St., Madison, 53703
Promotes the healthy social and emotional development of children from birth to age 5.

WISCONSIN FAMILY TIES ----- 608-267-6800
16 N. Carroll St., # 230, Madison, 53703 wifamilyties.org
For families that include children and adolescents with emotional, behavioral and mental disorders.

Adult Mental Health Services

ANESIS THERAPY CENTER ----- 608-268-6530

6417 Odana Rd #5, Madison, 53719 anesistherapycenter.com

Mental health, substance use and case management services to individuals, families and couples.

FAMILY SERVICES MADISON----- 608-252-1320

128 E. Olin Ave. Madison, 53713 fsmad.org

Mental health services for child and family problems, perpetrators and victims of family violence.

PSYCHIATRIC SERVICES----- 608-238-9354

2727 Marshall Ct, Madison, 53705 psychsvcs.com

Counseling and psychiatry services.

HANCOCK CENTER FOR DANCE/ MOVEMENT THERAPY----- 608-251-0908

16 N. Hancock St., Madison, 53703 hancockcenter.net

Psychotherapy that incorporates creative and expressive movement to develop healthy self image, communication skills, and emotional stability. Individual, group, and family sessions.

SANKOFA BEHAVIORAL & COMMUNITY HEALTH----- 608-285-9101

1955 W Broadway #105 Monona, 53713 sankofabch.org

Multicultural, outpatient behavioral health program that targets families with ecological stressors

MENDOTA MENTAL HEALTH INSTITUTE ----- 608-301-1000

301 Troy Dr. Madison, 53704 dhs.wisconsin.gov/mendota

OPEN DOOR CENTER FOR CHANGE ----- 608-827-7220

6502 Grand Teton Plaza #102, Madison, 53719 opendoorcfc.com

PACT (Program of Assertive Community Treatment) ----- 608-266-0721

600 Williamson St., Suite A&B, Madison, 53703 dhs.wisconsin.gov/mendota/programs/pact

Community treatment for adults and adolescents, particularly persons with schizophrenia and/or with a dual diagnosis of a major mental illness and alcohol or drug abuse.

ST MARY'S HOSPITAL

700 South Park St., Madison, 53715

Psychiatry Unit ----- 608-258-6697

Hospital Switchboard----- 608-251-6100

UW HOSPITAL

600 Highland Avenue, B6/5, Madison, 53792

In-Patient Psychiatry ----- 608-263-7525

Main Switchboard----- 608-263-6400

VA HOSPITAL

William S. Middleton Memorial Veterans Hospital ----- 608-256-1901
2500 Overlook Terrace, Madison, 53705 madison.va.gov

VA Community Support Program ----- 608-280-7195
306 N. Brooks St., Madison, 53715 madison.va.gov

WISPIC (Wisconsin Psychiatric Institute and Clinic) ----- 608-232-3171
6001 Research Park Blvd., Madison, 53719

ROGERS BEHAVIORAL HEALTH ----- 608-238-4411
406 Science Drive, Suite 110, Madison, 53711 rogersbh.org
Partial hospitalization & therapies for eating disorders, depression & anxiety disorders.

SOAR CASE MANAGEMENT ----- 608-287-0839
2132 Fordem Ave., Madison, 53704

Substance Use Treatment and Support

ALCOHOLICS ANONYMOUS 24-hour hotline ----- 608-222-8989
2000 Engel St., Suite 104, Madison, 53713 aamadisonwi.org
Information and meetings for those living with or recovering from a substance use disorder.

AL-ANON/ALATEEN FAMILY GROUPS ----- 608-258-0314
No address listed.
Support groups for families of people coping with substance misuse.

ARC COMMUNITY SERVICES, INC. ----- 608-278-2300
2001 W. Beltline Hwy, #102, Madison, 53713 daneadrc.org
Drug and alcohol outpatient services for women.

CONNECTIONS COUNSELING ----- 608-233-2100
5005 University Ave., Suite 100, Madison, 53705 connectionsounseling.com
Outpatient substance use disorder treatment and mental health services.

5 DOOR RECOVERY ----- 608-827-9170
810 W Olin Ave, Madison, 53715 5doorrecovery.org
Affordable residential adult alcohol/drug treatment center.

LUTHERAN SOCIAL SERVICES ----- 608-277-0610
6314 Odana Rd. Madison, 53719 lsswis.org

SMART RECOVERY----- **608-520-0458**
No address listed. smartrecoverymadisonwi.org
Support meetings for abstinence from addictions.

MIDWEST CENTER FOR PSYCHOTHERAPY & SEX THERAPY ----- **608-237-8000**
6300 University Ave. #125 Middleton, 53562 midwestcentertherapy.com

NEWSTART ADULT SERVICES ----- **608-417-8144**
1015 Gammon Ln, Madison, 53719 unitypoint.org/madison/newstart-adult-services
Out-patient & in-patient substance use disorder treatment and detoxification.

ROGERS BEHAVIORAL HEALTH ----- **608-238-4411**
406 Science Drive, Suite 110, Madison, 53711 rogersbh.org
Partial hospitalization & therapies for substance disorders for adolescents and adults.

TELLURIAN ----- **608-222-7311**
300 Femrite Dr Madison, 53716 tellurian.org
Offers services for those experiencing a substance use disorder and other mental health disorders. Substance use disorder rehabilitation center, detoxification center, and community outreach.

LGBTQ+ Resources

OUTREACH----- **608-255-8582**
2701 International Lane, Suite 101, Madison, 53704 outreachmadisonlgbt.org
Peer counseling and support groups for the LGBTQ+ community.

GSAFE ----- **608-661-4141**
122 E Olin Ave #100, Madison, 53713 gsafevi.org
LGBTQ+ youth leadership and training for educators.

LGBTQ+ National Hotline-----**1-888-843-4564**

The Trevor Project

LGBTQ+ Youth Support Call Line ----- **1-866-488-7386**

LGBTQ+ Youth Textline ----- **text START to 678-678**

Housing and Shelter

COMMUNITY ACTION COALITION ----- 608-246-4730

4101 E. Towne Blvd, Madison, 53704 cacscw.org
Housing case management, mediation with landlords and referrals.

MADISON COMMUNITY DEVELOPMENT AUTHORITY----- 608-266-4675

215 Martin Luther King, Jr. Blvd. Rm 120, Madison, 53703 ci.madison.wi.us/formshousing
Public housing located throughout the city. Program whereby eligible Section 8 participants receive vouchers for rent.

DOMESTIC ABUSE INTERVENTION SERVICES (DAIS) ----- 608-251-4445 or 1-800-747-4045

2102 Fordem Ave. Madison, 53704 abuseintervention.org
Crisis intervention, community education, and emergency shelter for those affected by domestic abuse.

HOUSING INITIATIVES ----- 608-277-8330

1110 Ruskin St., Madison, 53704 housinginit.org
Housing resources for people with mental health issues experiencing homelessness.

HOUSING NAVIGATION ----- 608-826-8093

615 E. Washington Avenue, Madison, 53703 housingnavigation.org
Housing resources and support.

THE ROAD HOME ----- 608-294-7998

890 W Wingra Dr, Madison, 53715 trhome.org
Temporary overnight lodging, meals and other assistance to homeless families with children.

MEN'S EMERGENCY SHELTER ----- 608-416-1446

Call for Current Address.
Provides nightly shelter, two meals per day, and shower and laundry facilities.

MOVIN' OUT ----- 608-251-4446

902 Royster Oaks Dr, Madison, 53714 movin-out.org
Helps people with disabilities establish and maintain their own homes.

PORCHLIGHT, INC. ----- 608-257-2534

306 N. Brooks St, Madison, 53715 porchlightinc.org
Low-cost transitional and permanent housing, counseling, and other resources to homeless persons and those at risk of becoming homeless.

PORT ST. VINCENT ----- **608-257-2036**
221 S. Baldwin St, Madison, 53703 svdpmadison.org/need-help/housing/
Emergency shelter & transitional housing for men living with a mental health disorder.

HOPE HAVEN CHRIS FARLEY HOUSE ----- **608-255-5922**
810 W Olin Ave, Madison, 53715
Transitional housing for adult men coming out of substance use treatment.

SAFE HAVEN----- **608-241-9447**
4006 Nakoosa Trail, Madison, 53714 porchlightinc.org/safe-haven/
Provides emergency shelter for adult men and women living with a serious mental health disorder.

TELLURIAN TRANSITIONAL HOUSING ----- **608-222-7311**
300 Femrite Dr., Madison, 53716 tellurian.org
Transitional housing and services to chronically homeless families and homeless adults with mental illness and/or substance use issues.

THE SALVATION ARMY ----- **608-250-2203**
630 E. Washington Ave., Madison, 53703 salvationarmydanecounty.org
Shelter for families, shelter for single women, soup kitchen, child care center, a food pantry, and a mobile/disaster feeding kitchen.

SETON HOUSE ----- **608-819-1061**
1301 Williamson St, Madison, 53703 svdpmadison.org/seton
Transitional housing for single women and women with children.

TENANT RESOURCE CENTER ----- **608-257-0006**
1202 Williamson Street, Suite 102, Madison, 53703 tenantresourcecenter.org
Free counseling for tenants and landlords about rental rights and responsibilities. Information on state and local rental laws and regulations and lease screening services, mediation services.

YWCA ----- **608-257-1436**
101 E. Mifflin Street, Madison, 53703 ywcamadison.org
Apartments for single women, emergency shelter for homeless women and families, and education and training to ensure economic security for women.

WOMEN IN TRANSITION ----- **608-244-2046**
2842 Moland St. Madison, 53704
For women living with severe mental health disorders. Medication supervision, assistance with daily activities and job services

Veteran Resources

DRYHOOTCH ----- **608-467-8277**
2825 University Ave. #2 Madison, 53705 dryhootch.org
Veteran peer support group.

MADISON VET CENTER ----- **608-264-5342**
1291 N. Sherman Ave. Madison, 53704
Offers individual and group readjustment counseling, referrals for benefit assistance, substance abuse information and referrals, marital and family counseling, community education, and job counseling.

VETERANS HOSPITAL
William S. Middleton Memorial Veterans Hospital ----- **608-256-1901**
2500 Overlook Terrace, Madison, 53705 madison.va.gov
Mental health services ----- **608-280-7084**
Offers family support groups, education, health care, mental health screenings, outreach services, benefits consultations, suicide prevention programs.

VETERANS SUICIDE PREVENTION HOTLINE----- **800-273-8255, Press 1**

UNIVERSITY VETERAN SERVICES-----**608-265-4628**
No address listed. veterans.wisc.edu
UW-Madison student organization; counseling referrals & resources

WI DEPARTMENT OF VETERANS AFFAIRS----- **800-947-8387**
2135 Rimrock Rd, Madison, 53713 dva.state.wi.us
Extensive information and links to programs and services.

SERVICE MEMBER SUPPORT DIVISION----- **800-292-9464, Option 1**
Provides a three phase program for veterans and their families.

CAREGIVER SUPPORT----- **855-260-3274**

Assistance in Independent Living

ACCESS TO INDEPENDENCE ----- **608-242-8484**

3810 Milwaukee St., Madison 53714 accesstoind.org

Resource and referral information regarding disability topics; advocacy, independent living, skills training, peer counseling.

MY CHOICE WISCONSIN ----- **1-800-963-0035**

1617 Sherman Ave., Madison, 53704 mychoicewi.org

Long-term care and health services to help older adults live independently.

CONSUMER CREDIT COUNSELING SERVICE OF MADISON

FAMILY SERVICE OF DANE COUNTY ----- **608-252-1320**

128 E. Olin Ave., Madison, 53713 fsmad.org

Provides free credit counseling, budgeting help, money management programs, and credit report counseling.

NEW BRIDGE MADISON----- **608-512-0000**

Main Office: 1625 Northport Dr. #125 Madison, 53704 newbridgemadison.org

Outreach and case management for seniors.

ENERGY SERVICES, INC ----- **608-267-8601**

1225 S. Park St, Madison, 53715 esiwi.com

Provides heating assistance to low income and elderly households. Call for an appointment.

JUSTDANE----- **608-256-0906**

2115 S. Park St, Madison, 53713

justdane.org

Helps returning prisoners access employment, mental health care, housing, and other community services to rebuild a life after imprisonment. Personal and group support.

Free or Low-Cost Clothing

COMMUNITY CLOTHES CLOSE ----- **920-731-7834**

1465B Opportunity Way Menasha, 54952

GOODWILL INDUSTRIES OF SOUTH CENTRAL WISCONSIN, INC. ----- **608-246-3140**

1302 Mendota St. 53714 goodwillscwi.org

Madison East -2127 E Springs Dr ----- **608-246-3147**

Madison North - 2901 N. Sherman Ave ----- **608-819-8082**

Madison West - 4530 Verona Road ----- **608-271-4687**

Middleton - 6280 Century Ave ----- **608-820-1114**

Monona - 2501 Royal Ave. ----- 608-224-0781
Portage - 2902 American Legion Drive ----- 608-745-0616
Fitchburg - 6291 McKee Rd. ----- 608-268-5160
Stoughton - 1780 US-51----- 608-205-6870
Sun Prairie - 2111 McCoy Rd ----- 608-318-5560

MIDDLETON OUTREACH MINISTRY ----- 608-836-7338

3502 Parmenter St, Middleton, 53562

Food pantry, free clothing and furniture program; Good Samaritan emergency aid; services to older people.

ST. VINCENT DE PAUL SOCIETY (CLOTHING VOUCHER)----- 608-278-2920

Svdpmadison.org

Thrift Stores:

1309 Williamson St. ----- 608-278-2920

6301 Odana Road ----- 608-278-2920

1900 S. Park St. ----- 608-278-2920

1509 U.S. Hwy 51/138, Stoughton ----- 608-873-3655

213 S. Klein St., Waunakee ----- 608-278-2920

1509 US Hwy 51 & 138, Stoughton ----- 608-278-2920

Free Meal Sites (Contact agencies for days and times)

CATHOLIC MULTICULTURAL CENTER ----- 608-661-3512

1862 Beld St, Madison, 53713

FIRST LUTHERAN CHURCH ----- 608-873-7761

310 E. Washington St, Stoughton, 53589

LUKE HOUSE ----- 608-256-6325

310 S. Ingersoll St, Madison, 53703

ST. JAMES LUTHERAN CHURCH ----- 608-845-6922

427 S. Main St, Verona,53593

ST. MARK'S LUTHERAN CHURCH ----- 608-256-8463

605 Spruce St., Madison, 53715

SUNSHINE PLACE ----- 608-825-3875

18 Rickel Rd. Sun Prairie, 53590

THE RIVER FOOD PANTRY ----- 608-442-8815
2201 Darwin Road, Madison, 53704

THE SALVATION ARMY ----- 608-250-2200
630 E. Washington Ave., Madison, 53703

WIL-MAR NEIGHBORHOOD CENTER ----- 608-257-4576
953 Jenifer St., Madison, 53703

Food Pantries

ALLIED FOOD PANTRY ----- 608-204-9722
4619 Jenewein Rd, Madison, 53711

BETHEL FOOD PANTRY ----- 608-257-3577
312 Wisconsin Ave, Madison, 53703

CATHOLIC MULTICULTURAL CENTER ----- 608-661-3512
1862 Beld St., Madison, 53713

COMMUNITY ACTION COALITION ----- 608-246-4730
1717 N. Stoughton Road, 53704 cacscw.org
Many food pantries require a referral from one of these agencies.

EAST MADISON COMMUNITY CENTER ----- 608-249-0861
8 Straubel Court, Madison 53704

GOODMAN COMMUNITY CENTER ----- 608-241-1574
214 Waubesa St, Madison, 53704

GOOD SHEPHERD LUTHERAN CHURCH ----- 608-271-6633
5701 Raymond Rd. Madison, 53711

GRACE EPISCOPAL CHURCH ----- 608-255-5147
116 West Washington Ave., Madison, 53703

LUSSIER FOOD PANTRY ----- 608-833-4979
55 S. Gammon Road, Madison, 53717

MT. ZION BAPTIST CHURCH ----- 608-255-5270
2019 Fisher St., Madison, 53713

SOLOMON'S FOOD PANTRY ----- **608-244-4555**
S.S. Morris Community AME Church, 3511 Milwaukee St., Madison, 53714

ST. MARK'S LUTHERAN CHURCH ----- **608-256-8463**
605 Spruce St., Madison, 53715

ST. VINCENT DE PAUL ----- **608-257-0919**
2033 Fish Hatchery Road, Madison, 53713

SUN PRAIRIE EMERGENCY FOOD PANTRY ----- **608-825-3875**
18 Rickel Rd, Sun Prairie, 53590 sunprairiefoodpantry.com

THE RIVER FOOD PANTRY ----- **608-442-8815**
2201 Darwin Rd, Madison, 53704 riverfoodpantry.org

THE SALVATION ARMY ----- **608-250-2203**
3030 Darbo Drive, Madison, 53714

UNITED WAY 2-1-1 ----- **211 or 608-246-4350**
Call for the most current database for resources in Dane County.

WIL-MAR NEIGHBORHOOD CENTER ----- **608-257-4576**
953 Jenifer St., Madison, 53703

Other Food Programs

FOODSHARE ----- **888-794-5556**
Provides low income customers with funds to buy food. Benefits distributed via Quest cards that work like debit cards.

EVENING MEALS ON WHEELS ----- **608-204-0923**
2931 Chapel Valley Rd, Fitchburg, 53711
Delivery of hot, noontime meals seven days a week for those unable to prepare their own meals or do grocery shopping.

WIC (WOMEN, INFANTS AND CHILDREN) ----- **608-267-1111**
2230 S. Park St., Madison, 53713

Low-Cost or Free Medical Treatment

ACCESS COMMUNITY HEALTH CENTERS ----- 608-443-5480

accesscommunityhealthcenters.org

Clinics offer free or low-cost medical care. Fees based on income. Accepts Medicare, Medicaid, and private insurance.

Dodgeville Dental Clinic ----- 608-935-5550

103 E. Fountain Street Dodgeville, 53533

Sun Prairie Clinic ----- 608-825-7100

1270 W Main St., Sun Prairie, 53590

Wingra Family Medical Center ----- 608-263-3111

1102 S Park St., Madison 53715

William T. Evjue Clinic ----- 608-443-5480

3434 East Washington Ave, Madison 53704

Joyce & Marshall Erdman Clinic ----- 608-443-5480

2202 S. Park St., Madison, 53713

CATHOLIC MULTICULTURAL CENTER ----- 608-661-3512

1862 Beld St, Madison, 53713

cmcmadison.org

A parish nurse can be seen about general health concerns.

DEAN FOUNDATION-BSP FREE CLINIC ----- 608-827-2308

2711 Allen Blvd, Middleton, 53562

Free secondary health consultations for specific health needs.

PUBLIC HEALTH MADISON AND DANE COUNTY ----- 608-266-4821

www.publichealthmdc.com

TRIANGLE COMMUNITY MINISTRY ----- 608-257-8517

755 Braxton Pl. #B109, Madison, 53715

triangleministry.com

Reaches out to Triangle Housing residents, providing worship, Bible study, counseling, visitation, nursing care/assistance and other programs.

Recreational, Volunteer, and Social Opportunities

Dane County offers many recreational, volunteer, advocacy and social opportunities for the general public. This listing includes those of most interest to consumers and their families.

CORNUCOPIA ----- 608-249-7477

2 S. Ingersoll St, Madison, 53703

copiarts.org

Focuses on the arts as a means to build self-confidence, express feelings and ideas, tell stories, develop skills, educate and enhance lives.

NAMI DANE COUNTY ----- 608-249-7188
818 W Badger Rd Suite 104, Madison, 53713 namidanecounty.org
Support groups, library, newsletter, information and advocacy opportunities for persons with severe mental illness and their families. Volunteers serve on boards and committees, help with clerical tasks, and facilitate support groups and classes. Dane County residency is not required.

OFF THE SQUARE CLUB ----- 608-251-6901
4 N. Hancock St, Madison, 53703
A daytime Drop-In Center for people living with mental illness, some of which are homeless. Resources include counseling, vocational and recreational opportunities.

UNITED WAY 2-1-1----- 211
No address listed. volunteeryourtime.org
Volunteer opportunities with over 300 nonprofit agencies.

Job Training and Employment

CHRYSALIS, INC ----- 608-256-3102
1342 Dewey Ct, Madison, 53703 workwithchrysalis.org
Provides work services for adults experiencing mental illnesses. There is no fee for Dane County residents.

DANE COUNTY JOB CENTER ----- 608-242-4900
1819 Aberg Ave, Madison, 53704 danejobs.com
Career counseling, job training, veteran's assistance, job postings.

DIVISION OF VOCATIONAL REHABILITATION (DVR) ----- 608-242-4800
1801 Aberg Ave, Madison, 53704
The Wisconsin DVR provides a range of employment services to individuals with disabilities.

EMPLOYMENT AND TRAINING ASSOCIATION ----- 608-242-7402
1819 Aberg Ave, Madison, 53704 eata.org
Helps find employment for food stamp eligible only clients. Helps dislocated workers and homemakers determine eligibility.

EQUAL OPPORTUNITIES COMMISSION ----- 608-266-4910
210 Martin Luther King Jr. Blvd, Room 523, Madison, 53703
Enforces the City of Madison Equal Opportunities Ordinance which prohibits discrimination in housing, employment and public accommodations.

GOODWILL INDUSTRIES OF SOUTH CENTRAL WISCONSIN, INC. ----- **608-246-3140**
1302 Mendota St, Madison, 53714 goodwillscwi.org
Vocational and residential services to people with disabilities and other special needs. Group homes for adults with serious mental illness.

GREATER WI AGENCY FOR AGING RESOURCES ----- **608-243-5670**
1414 MacArthur Rd, Madison, 53714
Training and employment program for older adults.

WI SENIOR EMPLOYMENT PROGRAM (WISE) ----- **608-242-4928**
Employment training program for low-income, unemployed individuals aged 55 and older.

YAHARA HOUSE ----- **608-280-4700**
802 E. Gorham St. Madison, 53703 yaharahouse.org
A membership based program for adults with mental illness. Members contribute time and skills in a friendly, businesslike environment while becoming re-integrated into the community. Provides vocational training, transitional employment, case management and medication services.

YWCA Empowerment Center ----- **608-257-1436 ext. 3**
2040 S Park St, Madison, 53713 ywcamadison.org
Career counseling, resume development, interview training, and support groups. Specializes in working with women - particularly displaced homemakers and low-income women.

BIPOC Resources

ANESIS THERAPY CENTER ----- **608-268-6530**
6417 Odana Rd #5, Madison, 53719 anesistherapycenter.com
Mental health, substance use and case management services to individuals, families and couples.

CENTRO HISPANO ----- **608-255-3018**
810 W. Badger Rd., Madison, 53713 micentro.org
Social services for the Hispanic community of Dane County.

FREEDOM, INC. ----- **608-630-8901**
2110 Luann Lane Madison, 53713 freedom-inc.org
Healthy community programs for the Hmong population.

HMONG INSTITUTE ----- **608-628-3901**
No address listed. thehmonginstitute.org
Empowers the Hmong community through educating, preserving, and promoting the Hmong heritage.

KAJSIAB HOUSE ----- 608-280-4760
3518 Memorial Dr., Madison, 53704 journeymhc.org
For Hmong families to express their culture, increase their understanding of living in the US, and receive mental health help.

NEHEMIAH CENTER ----- 608-257-2453
655 W. Badger Rd., Madison, 53713 nehemiah.org
Nehemiah provides a wide array of culturally competent and relevant programs to meet the needs of men who are leaving jail or prison.

SANKOFA BEHAVIORAL & COMMUNITY HEALTH ----- 608-285-9101
1955 W Broadway #105 Monona, 53713 sankofabch.org
Multicultural, outpatient behavioral health program that targets families with ecological stressors

Social Security Income, Social Security, Disability Income, Medicare, and Medicaid

EMPLOYMENT RESOURCES, INC. ----- 608-246-3444
2701 International Ln, # 210, Madison, 53704 eri-wi.org
Benefits counseling to social security disability beneficiaries

LEGAL ACTION OF WISCONSIN, INC. ----- 608-855-947-2529
744 Williamson St, Madison, 53703 legalaction.org
Free legal services provided to low-income persons and groups in non-criminal matters, including Social Security and disability law.

SOCIAL SECURITY ADMINISTRATION ----- 866-770-2262
6011 Odana Rd, Madison, 53719 ssa.gov
Complete service of all Social Security, Medicare, and Supplemental Security Income (SSI) programs. Call first for an appointment to file your initial application.

SSDI Attorneys:

Following is a list of Dane County attorneys who handle Social Security Disability cases. **Being listed does not constitute NAMI endorsement. We suggest you ask any attorney you approach to describe his or her experience and ask about costs.*

Haskins Short & Brindley LLC. ----- 608-237-6673
5113 Monona Drive, Monona, 5271 hsbelderlaw.com

Hawks Quindel, S.C. ----- 608-257-0040
409 East Main St #500, Madison, 53703 hq-law.com

Criminal Justice System

DANE COUNTY JAIL ----- 608-284-6800

115 W Doty St, Madison, 53703

DANE COUNTY JUVENILE COURT ----- 608-283-2925

210 Martin Luther King Jr Blvd #200, Madison, 53703 juvenilecourt.countyofdane.com

DANE COUNTY VINE (National Victim Notification Network)

***Jail Resources* ----- 608-866-277-7477**

JUSTDANE ----- 608-256-0906

2115 S Park St, Madison, 53713

justdane.org

Re-entry programs for the formerly incarcerated.

NEHEMIAH CENTER ----- 608-257-2453

655 W. Badger Rd., Madison, 53713

nehemiah.org

Nehemiah provides a wide array of culturally competent and relevant programs to meet the needs of men who are leaving jail or prison.

STATE PUBLIC DEFENDERS ----- 608-266-9150

17 S Fairchild St, Madison, 53703

wisspd.org

Legal representation to inmates of state institutions and individuals subject to civil commitment or protective placement.

Insurance, Legal Services, Patient Rights

DISABILITY RIGHTS WISCONSIN ----- 608-267-0214

131 W. Wilson St, #700, Madison, 53703

disabilityrightswi.org

Advocacy services for people with disabilities on issues of abuse and neglect, patient rights, deinstitutionalization, long-term care, special education, voting rights, discrimination in employment and housing, barriers to accessibility, SSI managed care, Medicare Part D Helpline, program attorney services to disability benefit specialists, assistive technology, and access to services. They do not provide legal assistance for bankruptcies, traffic tickets, criminal cases or family law issues like child custody, child support or divorce.

EQUAL OPPORTUNITIES COMMISSION ----- 608-266-4910

Dept. of Civil Rights

210 Martin Luther King Jr. Blvd, #523, Madison, 53703

Enforces the City of Madison Equal Opportunities Ordinance which prohibits discrimination in housing, employment and public accommodations.

LAWYER REFERRAL & INFORMATION SERVICE (LRIS) ----- 608-257-4666 & 800-362-9082

wisbar.org/forpublic

A legal assistant will analyze potential legal problems and help locate the best source of help. A service of the State Bar of Wisconsin.

LEGAL ACTION OF WISCONSIN, INC - DANE COUNTY OFFICE ----- 855-947-2529

744 Williamson St, Ste. 200, Madison, 53715

legalaction.org

Free legal services provided to low-income persons and groups in Dane, Jefferson, Columbia, Rock, Dodge and Green Counties in such non-criminal matters as housing, welfare, consumer affairs, Social Security, disability and family law. They do not take criminal, traffic, bankruptcy, or fee generating cases.

STATE PUBLIC DEFENDERS ----- 608-266-9150

17 S Fairchild St, Madison, 53703

wispd.org

State Public Defenders provide legal representation to inmates of state institutions and to individuals who are the subject of civil commitment or protective placement proceedings.

WISCONSIN OFFICE OF THE COMMISSIONER OF INSURANCE ----- 608-266-3585

125 S. Webster St, Madison, 53703

oci.wi.gov

Estate Planning/ Special Needs Trusts

Following is a list of Dane County attorneys with experience in setting up special needs trusts. Such a trust allows parents to place money in trust for a disabled person without endangering his or her public benefits. Other attorneys who would like to be listed can contact NAMI Dane County at contact@namidanecounty.org.

Being listed does not constitute NAMI endorsement. We suggest you ask any attorney you approach to describe his or her experience, and how familiar the attorney is with the requirements of the public benefits program in which your offspring is enrolled. Ask for the names of clients for whom the attorney has set up special needs trusts. Don't be embarrassed to ask about the cost of setting up the trust.

Bear in mind that once a trust is established, the institution handling the trust will charge an annual fee for managing the trust funds. Investigate using the nonprofit Wisconsin Pooled and Community Trusts (WisPACT II). WisPACT is a master trust arrangement established in a cooperative effort by the Wisconsin State Bar Association and aging and disability advocates, including NAMI Wisconsin. WisPACT allows you to assign part or all of your estate for the purpose of providing supplemental funds for your mentally ill dependent after you are gone without endangering his or her eligibility for public benefits (e.g., SSI, Medicaid). For more information, contact:

WisPACT, Inc. ----- **608-268-6006**
226 Corporate Dr, Madison, 53704 wispact.org

Attorneys

**Being listed does not constitute NAMI endorsement. We suggest you ask any attorney you approach to describe his or her experience and ask about costs.*

Froemming Law Office ----- **608-665-3357**
Roy Froemming froemminglaw.com
4333 Nakoma Rd, Madison, 53711

Haskins Short & Brindley LLC. ----- **608-237-6673**
5113 Monona Drive, Monona, 5271 hsbelderlaw.com

Hawks Quindel, S.C. ----- **608-257-0040**
409 East Main St #500, Madison, 53703 hq-law.com

Hill, Glowacki LLP ----- **608-244-1354**
5250 East Terrace Dr., Suite 130, Madison, 53718 hillglowacki.com

Murphy, Desmond S.C ----- **608-257-7181**
33 E. Main St, #500, Madison, 53703 murphydesmond.com

Stafford Rosenbaum LLP ----- **608-256-0226**
222 W. Washington Ave, Ste. 900, Madison, 53701 staffordlaw.com

**This Resource Guide is produced by NAMI
Dane County as part of our mission to
provide support, education, and advocacy
for those affected by mental illness.**

Updated July 2023